# Who has all the biscuits?





There is enough food to feed everyone, however, millions of people are still hungry. This activity explores how unequally food is distributed globally.

#### **Aims**

- To understand the inequality in global food distribution.
- To be aware some of the causes of hunger.

# What you need

- 1 biscuit per pupil
- 6 plates
- World map
- 6 pieces of paper marked 1-6 representing each continent in the world
- You will also need 6 tables

### What to do

You will need to set up the room before the pupils enter. Set up 6 tables and place a plate on each. Mark each desk with a number to represent each continent. Place the biscuits on each plate corresponding to each continent based on the table (**see below**). The biscuits represent the distribution of food resources on each continent. Do not tell the pupils this information yet!

Divide the pupils according to the table and ask them to sit at their allocated place and to eat the biscuits. Encourage them to look at other groups but do not allow them to share their food with other groups. Then discuss the following questions:

- How did you feel when you saw how many biscuits other groups had?
- How did you divide the biscuits between your group?
- Was it fair how the groups were divided?
- What do you think the 6 tables represented?

Explain that each table represents a continent in the world and reflects the food resources in each. Reveal the correct continents and ask pupils what they think about the amount of food resources allocated. Provide the class with the population figures for each continent to highlight the inequality in the world.

What do they think about the amount of food per continent?

Do they think the biscuits (food) is divided equally within continents and countries?

Explain that while there is enough food in the world to feed everyone, millions of people are still going hungry.

#### **Reflection and evaluation**

Why do certain continents suffer more with the issue of hunger than others? Use the info graphic (on the next page) to help the discussion.

#### Who has all the biscuits? Table

Table number	Continent	Number of biscuits	Population	Number of pupils (Class of 20)	Number of pupils (Class of 30)
1	Africa	1	1.3 billion	3	5
2	Asia	4	4.6 billion	11	15
3	Europe	9	513 million	2	4
4	South America	1	429 million	2	3
5	North America	10	366 million	1	2
6	Oceania	5	42 million	1	1

See next page!

# **Causes of hunger**





# **Poverty**

Poverty if one of the basic causes of human underdevelopment and is also a result of it. The majority of the world's poor are unable to feed themselves and their families. Their diets are likely to lack variety and not provide enough nourishment.



# **Climate change**

Climate change is making it harder for small farmers to predict harvests leading to extended 'hunger periods'. Rising temperatures and increased rainfall is wreaking havoc in poor communities.



# **Gender inequality**

It is common that more women than men are suffering from the effects of hunger as boys tend to be given priority over girls in regards to nourishment and education.



#### **Food waste**

- 1 million tonnes of wasted in Scotland
- 1.3 billion tonnes of food wasted worldwide



#### **Disease and illness**

Hunger and malnourishment can lead to disease and illness which means individuals cannot work or attend school.



# **Agriculture**

Poor farming skills, lack of basic tools, seed and land can lead to large number of people going hungry.

Adapted from Concern Worldwide resources on the SDGs